

第五章 时间演化：三种绘景

讨论：

- a. 时间不是算符，仅为一个量
- b. 描述不同时刻态/算符间的关系
- c. 存在多种等价的描述方式（绘景）

1. Schrodinger 方程

$$i\hbar \frac{\partial}{\partial t} |\psi\rangle = \hat{H} |\psi\rangle$$

若 $|\psi\rangle$ 为 \hat{H} 的本征态，满足 $\hat{H}|\psi\rangle = E|\psi\rangle \Rightarrow i\hbar \frac{\partial}{\partial t} |\psi\rangle = E|\psi\rangle \Rightarrow |\psi(t)\rangle = e^{-\frac{iEt}{\hbar}} |\psi(0)\rangle$ (定态)

坐标表象下： $i\hbar \frac{\partial}{\partial t} \psi(r,t) = [-\frac{\hbar^2}{2m} \nabla^2 + V(r)] \psi(r,t) \Leftrightarrow \langle r | i\hbar \frac{\partial}{\partial t} | \psi \rangle = \int d^3r' \langle r | \hat{H} | r' \rangle \langle r' | \psi \rangle$
↑
守恒

令 $\psi(r,t) = \psi(r) T(t)$

$$\Rightarrow i\hbar \frac{1}{T(t)} \frac{dT(t)}{dt} = \frac{1}{\psi(r)} [-\frac{\hbar^2}{2m} \nabla^2 + V(r)] \psi(r) \triangleq E$$

$$\Rightarrow T(t) = e^{-\frac{iEt}{\hbar}} \Rightarrow \begin{cases} \psi(r,t) = e^{-\frac{iEt}{\hbar}} \psi(r) \\ [-\frac{\hbar^2}{2m} \nabla^2 + V(r)] \psi(r) = E\psi(r) \end{cases}$$

定态的性质：(设 \hat{H} 不显含时)

任意不含时的力学量在定态下的期望值与测量值几率分布不随时间变化

$$\begin{cases} \langle \psi(t) | \hat{A} | \psi(t) \rangle = \langle \psi(t=0) | \hat{A} | \psi(t=0) \rangle \\ \text{在定态上, 测得 A 的几率为 } |\langle \psi_n | \psi(t) \rangle|^2 = |\langle \psi_n | e^{-\frac{iEt}{\hbar}} | \psi(t=0) \rangle|^2 = |\langle \psi_n | \psi(t=0) \rangle|^2 \end{cases}$$

2. 任意态的时间演化

$\{|\psi_n\rangle$ 基 在 \hat{H} 不含时条件下: $|\psi(t)\rangle = \sum_n C_n(t) |\psi_n\rangle$

$$\Rightarrow i\hbar \sum_n \frac{\partial}{\partial t} C_n(t) |\psi_n\rangle = \sum_n C_n(t) E_n |\psi_n\rangle$$

$$\stackrel{\langle \psi_n |}{\Rightarrow} i\hbar \frac{\partial}{\partial t} C_n(t) = C_n(t) E_n \quad (\text{关于系数的方程})$$

$$\Rightarrow C_n(t) = e^{-\frac{iE_n t}{\hbar}} C_n(0)$$

$$\Rightarrow |\psi(t)\rangle = \sum_n e^{-\frac{iE_n t}{\hbar}} C_n(0) |\psi_n\rangle$$

步骤：① 求 \hat{H} 的本征问题 $\{|\psi_n\rangle\} \{E_n\}$

② 用 $\{|\psi_n\rangle$ 展开 $|\psi(0)\rangle$

③ 加上演化系数

3. 时间演化算符 0时刻 \rightarrow t时刻

令 $|\psi(t)\rangle = \hat{U}|\psi(0)\rangle$ $\hat{U}(t)$

$\Rightarrow i\hbar \frac{\partial}{\partial t} \hat{U}|\psi(0)\rangle = \hat{H}\hat{U}|\psi(0)\rangle$

$\xrightarrow{|\psi(0)\rangle}$ $i\hbar \frac{\partial}{\partial t} \hat{U} = \hat{H}\hat{U}$
(S方程等价形式)

如 \hat{H} 不显含时, 则 $\hat{U} = e^{-\frac{i\hat{H}t}{\hbar}}$

$\hat{U}|\psi\rangle = \hat{U} \sum_n C_n |\psi_n\rangle = \sum_n C_n e^{-\frac{iE_n t}{\hbar}} |\psi_n\rangle$

$f(\hat{H})|\psi_n\rangle = f(E_n)|\psi_n\rangle \rightarrow \sum_n C_n e^{-\frac{iE_n t}{\hbar}} f(E_n) |\psi_n\rangle$
可以发现和上面方法结果一致

prop. ① $\hat{U}\hat{U}^\dagger = \hat{I}$ (么正算符 (不改变模长)) $\langle \psi(t) | \psi(t) \rangle = \langle \psi(0) | \psi(0) \rangle = 1 = \langle \psi(0) | \hat{U}^\dagger \hat{U} | \psi(0) \rangle$

反演算符 $\hat{U}^\dagger(t)$ $\hat{U}^\dagger(t)|\psi(t)\rangle = |\psi(0)\rangle$

② $\hat{U}^\dagger = e^{\frac{i\hat{H}t}{\hbar}}$ 量子态在 \hat{H} 驱动下随时演化, 且时间演化可逆

* \hat{H} 含时? $\hat{U} = \int_0^t (-\frac{i}{\hbar}) \hat{H}(t') \hat{U}(t') dt' + \hat{I}$ 迭代形式解

$\hat{U} = \hat{I} + \int_0^t (-\frac{i}{\hbar}) \hat{H}(t') dt' + \int_0^t \int_0^{t'} dt' dt \hat{H}(t) \hat{H}(t') + \dots$

$= \mathcal{T} e^{-\frac{i}{\hbar} \int_0^t \hat{H}(t') dt'}$ 若不同时刻 \hat{H} 对易, 则 $\hat{U} = e^{-\frac{i}{\hbar} \int_0^t \hat{H}(t) dt}$
编时算符.

例: 期望值的时间演化

$\frac{d}{dt} \langle \psi(t) | \hat{A} | \psi(t) \rangle = \left(\frac{\partial}{\partial t} \langle \psi(t) | \right) \hat{A} | \psi(t) \rangle + \langle \psi(t) | \hat{A} \left(\frac{\partial}{\partial t} | \psi(t) \rangle \right) + \langle \psi(t) | \frac{\partial \hat{A}}{\partial t} | \psi(t) \rangle$

代入 $\frac{\partial}{\partial t} | \psi(t) \rangle = \frac{1}{i\hbar} \hat{H} | \psi(t) \rangle$, $\frac{\partial}{\partial t} \langle \psi(t) | = -\frac{1}{i\hbar} \langle \psi(t) | \hat{H}$

原式 = $-\frac{1}{i\hbar} \langle \psi(t) | \hat{H} \hat{A} | \psi(t) \rangle + \frac{1}{i\hbar} \langle \psi(t) | \hat{A} \hat{H} | \psi(t) \rangle + \langle \frac{\partial \hat{A}}{\partial t} \rangle_\psi$

= $\frac{1}{i\hbar} \langle \psi(t) | [\hat{A}, \hat{H}] | \psi(t) \rangle + \langle \frac{\partial \hat{A}}{\partial t} \rangle_\psi$

$\Rightarrow i\hbar \frac{d}{dt} \langle \hat{A} \rangle_\psi = \langle [\hat{A}, \hat{H}] \rangle_\psi + \langle \frac{\partial \hat{A}}{\partial t} \rangle_\psi$ Ehrenfest 关系

例: 在某基组下, \hat{H} 的矩阵表示为 $\begin{pmatrix} 0 & \frac{A}{2} \\ \frac{A}{2} & 0 \end{pmatrix}$, 初态为 $\begin{pmatrix} 1 \\ 0 \end{pmatrix}$, 求 t 时刻体系状态

法一: \hat{H} 的本征问题 $\begin{cases} E_1 = \frac{A}{2} & E_2 = -\frac{A}{2} \\ \frac{\sqrt{2}}{2} \begin{pmatrix} 1 \\ 1 \end{pmatrix} & \frac{\sqrt{2}}{2} \begin{pmatrix} 1 \\ -1 \end{pmatrix} \end{cases}$

② 展开

$\begin{pmatrix} 1 \\ 0 \end{pmatrix} = \frac{\sqrt{2}}{2} \left[\frac{\sqrt{2}}{2} \begin{pmatrix} 1 \\ 1 \end{pmatrix} + \frac{\sqrt{2}}{2} \begin{pmatrix} 1 \\ -1 \end{pmatrix} \right]$

③ 演化系数

$$\frac{1}{2} e^{-\frac{iAt}{2\hbar}} \begin{pmatrix} 1 \\ 1 \end{pmatrix} + \frac{1}{2} e^{\frac{iAt}{2\hbar}} \begin{pmatrix} 1 \\ -1 \end{pmatrix} = \begin{pmatrix} \cos \frac{At}{2\hbar} \\ -i \sin \frac{At}{2\hbar} \end{pmatrix} \rightarrow \text{几乎振荡} \quad \text{含时分布}$$

光子耦合原子能级

法二: $U|\psi(0)\rangle = e^{-\frac{iHt}{\hbar}}|\psi(0)\rangle$
 $\Rightarrow e^{-i\begin{pmatrix} A & 0 \\ 0 & -A \end{pmatrix} \frac{t}{\hbar}} \begin{pmatrix} 1 \\ 0 \end{pmatrix}$

表象变换:

旧基	$\frac{\sqrt{2}}{2} \begin{pmatrix} 1 \\ 1 \end{pmatrix}$	$\frac{\sqrt{2}}{2} \begin{pmatrix} 1 \\ -1 \end{pmatrix}$	G
新基	$\begin{pmatrix} 1 \\ 0 \end{pmatrix}$	$\begin{pmatrix} 0 \\ 1 \end{pmatrix}$	F

$$S = \begin{pmatrix} (10) \frac{\sqrt{2}}{2} \begin{pmatrix} 1 \\ 1 \end{pmatrix} & (10) \frac{\sqrt{2}}{2} \begin{pmatrix} 1 \\ -1 \end{pmatrix} \\ (01) \frac{\sqrt{2}}{2} \begin{pmatrix} 1 \\ 1 \end{pmatrix} & (01) \frac{\sqrt{2}}{2} \begin{pmatrix} 1 \\ -1 \end{pmatrix} \end{pmatrix} = \frac{\sqrt{2}}{2} \begin{pmatrix} 1 & 1 \\ 1 & -1 \end{pmatrix} \quad \text{其实就是 } (\vec{x}_1 \vec{x}_2)$$

$$\Rightarrow S e^{-i\begin{pmatrix} A & 0 \\ 0 & -A \end{pmatrix} \frac{t}{\hbar}} S^\dagger \begin{pmatrix} 1 \\ 0 \end{pmatrix} = \begin{pmatrix} \cos \frac{At}{2\hbar} \\ -i \sin \frac{At}{2\hbar} \end{pmatrix}$$

$$[HL^\dagger = H, L] = 0$$

$$[P, H] = 0 \Rightarrow \text{守恒量}$$

(对称性与守恒量)

* 守恒量: 不显含时且与H对易的力学量

prop: 无论体系处于什么态, 守恒量的期望值与测量几率分布不随时改变

prop: 守恒量与H有共同本征态 $|\psi_n\rangle$

$$|\psi\rangle = \sum_n C_n e^{-\frac{iE_n t}{\hbar}} |\psi_n\rangle \quad |A_n, E_n\rangle$$

4. 三种绘景 (picture) — 态与算符都不可观测, 所以可以用别的框架描述可观测量演化

(含时演化绘景)

除了方程不同都一样

a. Schrodinger 绘景

态 $|\psi(t)\rangle$ 含时演化 \rightarrow S 方程

力学量 \hat{A} 不含时演化

} 可观测量

b. Heisenberg 绘景

要求态不演化, 力学量演化, 但必须 $\langle \hat{A} \rangle = \langle \psi | \hat{A} | \psi \rangle$ 不变

$$\left. \begin{aligned} |\psi(0)\rangle_S &= |\psi\rangle_H \\ |\psi(t)\rangle_S &= \hat{U} |\psi(0)\rangle_S \end{aligned} \right\} |\psi\rangle_H = \hat{U}^\dagger |\psi(t)\rangle_S$$

$$\Rightarrow \langle \psi | \hat{A}_H | \psi \rangle_H = \langle \psi(t) | \hat{A}_S | \psi(t) \rangle_S = \langle \psi(t) | \hat{U} \hat{A}_H \hat{U}^\dagger | \psi(t) \rangle_S \Rightarrow \text{要求 } \hat{A}_S = \hat{U} \hat{A}_H \hat{U}^\dagger \quad \text{即 } \hat{A}_H = \hat{U}^\dagger \hat{A}_S \hat{U}$$

算符的动力学方程:

$$\frac{d\hat{A}_H}{dt} = \left(\frac{d}{dt} \hat{U}^\dagger \right) \hat{A}_S \hat{U} + \hat{U}^\dagger \frac{d\hat{A}_S}{dt} \hat{U} + \hat{U}^\dagger \hat{A}_S \frac{d\hat{U}}{dt}$$

由S方程等价形式: $i\hbar \frac{d}{dt} \hat{U} = \hat{H} \hat{U} \Rightarrow \frac{d}{dt} \hat{U} = -i \frac{\hat{H} \hat{U}}{\hbar}$

$$\begin{aligned} \text{代入得 } \frac{d\hat{A}_H}{dt} &= \frac{i}{\hbar} \hat{U}^\dagger \hat{H} \hat{A}_S \hat{U} + \hat{U}^\dagger \left(\frac{\partial \hat{A}_S}{\partial t} \right) \hat{U} - \frac{i}{\hbar} \hat{U}^\dagger \hat{A}_S \hat{H} \hat{U} \\ &= \frac{i}{\hbar} \left(\hat{U}^\dagger \hat{H} \hat{U} \hat{A}_S \hat{U} + \hat{A}_S \hat{U} - \hat{U}^\dagger \hat{A}_S \hat{U} \hat{H} \hat{U} + \hat{H} \hat{U} \right) + \hat{U}^\dagger \left(\frac{\partial \hat{A}_S}{\partial t} \right) \hat{U} \\ &= \frac{i}{\hbar} [\hat{H}_H, \hat{A}_H] + \left(\frac{\partial \hat{A}}{\partial t} \right)_H \end{aligned}$$

若H不含时 $\hat{H}_H = \hat{U}^\dagger \hat{H}_S \hat{U} = e^{i\frac{\hat{H}_S t}{\hbar}} \hat{H}_S e^{-i\frac{\hat{H}_S t}{\hbar}} = \hat{H}_S$

$\Rightarrow i\hbar \frac{d}{dt} \hat{A}_H = [\hat{A}_H, \hat{H}] + i\hbar \left(\frac{\partial \hat{A}_S}{\partial t} \right)_H$ Heisenberg 方程 (和经典很像)

↓
把H换成含时

例: $\hat{H} = \frac{\hat{p}^2}{2m}$

$i\hbar \frac{d}{dt} \hat{x} = [\hat{x}, \frac{\hat{p}^2}{2m}] = \frac{i\hbar}{m} \hat{p} \Rightarrow \frac{d}{dt} \hat{x} = \frac{\hat{p}}{m} \Rightarrow \hat{x}(t) = \frac{\hat{p}(0)t}{m} + \hat{x}(0)$

$i\hbar \frac{d}{dt} \hat{p} = [\hat{p}, \frac{\hat{p}^2}{2m}] = 0 \Rightarrow \frac{d}{dt} \hat{p} = 0$

↑
与经典的方程只差帽子

例: $\hat{H} = \frac{\hat{p}^2}{2m} + V(\hat{x})$

$i\hbar \frac{d}{dt} \hat{x} = [\hat{x}, \frac{\hat{p}^2}{2m} + V(\hat{x})] = \frac{i\hbar}{m} \hat{p} \Rightarrow \frac{d}{dt} \hat{x} = \frac{\hat{p}}{m}$

$i\hbar \frac{d}{dt} \hat{p} = [\hat{p}, \frac{\hat{p}^2}{2m} + V(\hat{x})] = [\hat{p}, V(\hat{x})] = -i\hbar \frac{\partial V(\hat{x})}{\partial \hat{x}} \Rightarrow \frac{d\hat{p}}{dt} = - \left(\frac{\partial V(\hat{x})}{\partial \hat{x}} \right) = F$ (量子化F=)

C. 相互作用绘景 (Dirac pic) 多体微扰

态和算符都演化

$\hat{H} = \hat{H}_0 + \hat{V}$ 把H分成两部分去演化

定义 $|\psi(t)\rangle_I = e^{i\frac{\hat{H}_0 t}{\hbar}} |\psi(t)\rangle_S$ $\hat{A}_I = e^{i\frac{\hat{H}_0 t}{\hbar}} \hat{A}_S e^{-i\frac{\hat{H}_0 t}{\hbar}}$

↑
用H₀自由演化

动力学方程: $\begin{cases} i\hbar \frac{\partial}{\partial t} |\psi(t)\rangle_I = \hat{V}_I |\psi(t)\rangle_I, \quad \hat{V}_I = e^{i\frac{\hat{H}_0 t}{\hbar}} \hat{V}_S e^{-i\frac{\hat{H}_0 t}{\hbar}} \\ i\hbar \frac{d\hat{A}_I}{dt} = [\hat{A}_I, \hat{H}_0] + \left(\frac{\partial \hat{A}}{\partial t} \right)_I \end{cases}$

时间演化方程: $i\hbar \frac{d}{dt} \hat{U}_I = \hat{V}_I \hat{U}_I \Rightarrow \hat{U}_I(t) = \hat{I} + \frac{i}{\hbar} \int_0^t \hat{V}_I(t') \hat{U}_I(t') dt'$ Dyson方程

* 三种绘景总结

SP

$|\psi(t)\rangle_S = |\psi(t)\rangle$

$\hat{A}_S = \hat{A}$

$i\hbar \frac{\partial}{\partial t} |\psi(t)\rangle = \hat{H} |\psi(t)\rangle$

HP

$|\psi\rangle_H = \hat{U}^\dagger |\psi(t)\rangle_S$

$\hat{A}_H = \hat{U}^\dagger \hat{A}_S \hat{U}$

$i\hbar \frac{d}{dt} \hat{A}_H = [\hat{A}_H, \hat{H}] + i\hbar \left(\frac{\partial \hat{A}}{\partial t} \right)_H$

IP

$|\psi\rangle_I = e^{i\frac{\hat{H}_0 t}{\hbar}} |\psi(t)\rangle_S$

$\hat{A}_I = e^{i\frac{\hat{H}_0 t}{\hbar}} \hat{A}_S e^{-i\frac{\hat{H}_0 t}{\hbar}}$

$\begin{cases} i\hbar \frac{\partial}{\partial t} |\psi\rangle_I = \hat{V}_I |\psi\rangle_I \\ i\hbar \frac{d}{dt} \hat{A}_I = [\hat{A}_I, \hat{H}_0] + \left(\frac{\partial \hat{A}}{\partial t} \right)_I \end{cases}$