

第三章 量子力学的数学表示：态与算符

1. 量子态 (完全可以用行列向量来理解)

a. $|\psi\rangle$ ket 矢

prop. 线性叠加原理 \rightarrow 由所有可能的态 $\{|\psi_i\rangle\}$ 组成的复向量空间为态空间 (Hilbert)

运算规则: ① $c|\psi\rangle = |\psi\rangle c$ ② $|\psi\rangle$ 与 $c|\psi\rangle$ 为同一量子态

b. $\langle\psi|$ bra 矢 定义为 $|\psi\rangle$ 的共轭矢量 (不代表实际量子态, 只是运算规则)
(dual)

运算规则: ① $(|\psi\rangle)^\dagger = \langle\psi|$ ② $(\langle\psi|)^\dagger = |\psi\rangle$ ③ $(c|\psi\rangle)^\dagger = \langle\psi|c^*$ ④ $(c\langle\psi|)^\dagger = c^*|\psi\rangle$

⑤ $(c_1|\psi_1\rangle + c_2|\psi_2\rangle)^\dagger = \langle\psi_1|c_1^* + \langle\psi_2|c_2^*$

c. 内积 $|\alpha\rangle, |\beta\rangle \rightarrow \langle\alpha|\beta\rangle$ 取实数 且要求 $\left\{ \begin{array}{l} \textcircled{1} \langle\alpha|\beta\rangle = (\langle\beta|\alpha\rangle)^* \Rightarrow \langle\alpha, \alpha\rangle \text{ real} \\ \textcircled{2} \langle\alpha|\alpha\rangle \geq 0 \text{ 当且仅当 } |\alpha\rangle \text{ 为态} \\ \textcircled{3} \text{ 线性} \end{array} \right.$

d. 直积 $|\alpha\rangle \otimes |\beta\rangle = |\alpha, \beta\rangle$ 拼接独立自由度组装成新的态
L 两个态表示一个态

ex. (Schwartz) $|\langle\alpha|\beta\rangle| \leq \sqrt{\langle\alpha|\alpha\rangle \langle\beta|\beta\rangle}$

证: $(\langle\alpha| + \lambda^* \langle\beta|) \cdot (|\alpha\rangle + \lambda|\beta\rangle) \geq 0$ 令 $\lambda = -\frac{\langle\beta|\alpha\rangle}{\langle\beta|\beta\rangle}$ 则 $\lambda^* = -\frac{\langle\alpha|\beta\rangle}{\langle\beta|\beta\rangle}$

$\Rightarrow \langle\alpha|\alpha\rangle - \frac{\langle\beta|\alpha\rangle}{\langle\beta|\beta\rangle} \langle\alpha|\beta\rangle - \frac{\langle\alpha|\beta\rangle}{\langle\beta|\beta\rangle} \langle\beta|\alpha\rangle + \frac{\langle\beta|\alpha\rangle \langle\alpha|\beta\rangle}{(\langle\beta|\beta\rangle)^2} \langle\beta|\beta\rangle \geq 0$

$\Rightarrow \langle\alpha|\alpha\rangle - \frac{\langle\alpha|\beta\rangle}{\langle\beta|\beta\rangle} \langle\beta|\alpha\rangle \geq 0 \quad \checkmark$

2. 算符

定义算符为作用于 ket 上的变换操作 $\hat{A}|\psi\rangle = |\varphi\rangle$ 线性映射

单位算符 $\hat{I}|\psi\rangle = |\psi\rangle$

prop. $\forall |\psi\rangle$, 若 $\hat{A}|\psi\rangle = \hat{B}|\psi\rangle \Rightarrow \hat{A} = \hat{B}$ 推: $\langle\varphi|\hat{A}|\psi\rangle = \langle\varphi|\hat{B}|\psi\rangle \Rightarrow \hat{A} = \hat{B}$
 $\int \langle\varphi| \cdot |\hat{A}|\psi\rangle$

* 算符的和 交换律 \checkmark

* 算符的积 结合律 \checkmark $\hat{A}\hat{B}|\psi\rangle = \hat{A}(\hat{B}|\psi\rangle)$ 一般无交换律!

* 基本对易关系 可以这样做: $[\hat{x}, \hat{p}] = i\hbar$ 3-dim: $[\hat{x}_\alpha, \hat{p}_\beta] = i\hbar \delta_{\alpha\beta}$

对易子: $[\hat{A}, \hat{B}] = \hat{A}\hat{B} - \hat{B}\hat{A}$
反对易子: $\{\hat{A}, \hat{B}\} = \hat{A}\hat{B} + \hat{B}\hat{A}$

形式证明: (坐标空间, 一维情况) $\hat{p} \rightarrow -i\hbar \frac{\partial}{\partial x}$ $\hat{x} \rightarrow x$

ex. $[\hat{A}, \hat{B}] = -[\hat{B}, \hat{A}]$ $[\hat{A}, \hat{A}] = 0$ $[\hat{A}, c] = 0$ $[\hat{A}, \hat{B} + \hat{C}] = \hat{A}(\hat{B} + \hat{C}) - (\hat{B} + \hat{C})\hat{A} = [\hat{A}, \hat{B}] + [\hat{A}, \hat{C}]$

$[\hat{A}, \hat{B}\hat{C}] = \hat{A}\hat{B}\hat{C} - \hat{B}\hat{C}\hat{A} + \hat{B}\hat{A}\hat{C} - \hat{B}\hat{A}\hat{C} = [\hat{A}, \hat{B}]\hat{C} + \hat{B}[\hat{A}, \hat{C}]$

$[\hat{A}\hat{B}, \hat{C}] = [\hat{A}, \hat{C}]\hat{B} + \hat{A}[\hat{B}, \hat{C}]$

$\hat{A}\hat{B} = \hat{B}\hat{A} + [\hat{A}, \hat{B}]$
Residue

\rightarrow 可以用交换次序的方式交换算符 (不断移动)

ex. 角动量算符的对易子

$$\vec{L} = \vec{r} \times \vec{p} \quad \vec{r} = x\vec{e}_x + y\vec{e}_y + z\vec{e}_z$$

$$= \begin{vmatrix} \vec{e}_x & \vec{e}_y & \vec{e}_z \\ x & y & z \\ -i\hbar\hat{e}_x & -i\hbar\hat{e}_y & -i\hbar\hat{e}_z \end{vmatrix} = \epsilon_{\alpha\beta\gamma} \hat{L}_\alpha \hat{p}_\beta \vec{e}_\gamma$$

$$\Rightarrow [\hat{L}_x, \hat{x}] = 0 \quad [\hat{L}_x, \hat{y}] = [y\hat{p}_z - z\hat{p}_y, \hat{y}] = -z[\hat{p}_y, \hat{y}] = i\hbar z$$

$$\Rightarrow [\hat{L}_\alpha, \hat{x}_\beta] = [\epsilon_{\gamma\lambda\alpha} \hat{x}_\gamma \hat{p}_\lambda, \hat{x}_\beta] = \epsilon_{\gamma\lambda\alpha} \hat{x}_\gamma (-i\hbar)\delta_{\lambda\beta} = i\hbar \epsilon_{\alpha\beta\gamma} \hat{x}_\gamma$$

$$[\hat{L}_\alpha, \hat{p}_\beta] = i\hbar \epsilon_{\alpha\beta\gamma} \hat{p}_\gamma \quad [\hat{L}_\alpha, \hat{L}_\beta] = i\hbar \epsilon_{\alpha\beta\gamma} \hat{L}_\gamma$$

* 算符的逆 若 $\hat{A}|\psi\rangle = |\varphi\rangle$ 则 $\hat{A}^{-1}|\varphi\rangle = |\psi\rangle$

$$\Rightarrow \hat{A}\hat{A}^{-1} = \hat{I} \quad (\hat{A}\hat{B})^{-1} = \hat{B}^{-1}\hat{A}^{-1}$$

* 算符的幂

$$* \text{算符的函数} \quad f(\hat{A}) = \sum_{n=0}^{\infty} \frac{f^{(n)}(0)}{n!} \hat{A}^n$$

* 算符作用在 bra 矢上 $\langle\psi|\hat{A} = \langle\psi| \quad (\langle\psi|\hat{A})^\dagger = \hat{A}^\dagger|\psi\rangle$

$$\textcircled{1} \langle\varphi|\hat{A}^\dagger|\psi\rangle = \langle\varphi|(\langle\psi|\hat{A})^\dagger = (\langle\psi|\hat{A})^\dagger|\varphi\rangle^* = \langle\psi|\hat{A}|\varphi\rangle^*$$

$$\textcircled{2} (\hat{A}^\dagger)^\dagger = \hat{A}$$

$$\textcircled{3} \langle\varphi|\hat{A}^\dagger = (\hat{A}|\varphi\rangle)^\dagger$$

$$\textcircled{4} (\hat{A}\hat{B})^\dagger|\varphi\rangle = (\langle\varphi|\hat{A}\hat{B})^\dagger = \hat{B}^\dagger(\langle\varphi|\hat{A})^\dagger = \hat{B}^\dagger\hat{A}^\dagger|\varphi\rangle \Rightarrow (\hat{A}\hat{B})^\dagger = \hat{B}^\dagger\hat{A}^\dagger$$

* 外积 $|\alpha\rangle\langle\beta|$ 作为算符 $(|\alpha\rangle\langle\beta|)|\varphi\rangle = |\alpha\rangle\langle\beta|\varphi\rangle$

$$\text{prop. } (|\alpha\rangle\langle\beta|)^\dagger = |\beta\rangle\langle\alpha|$$

例: 广义结合律

$$\langle\psi_1|\hat{A}|\varphi_1\rangle\langle\psi_2|\varphi_2\rangle = \langle\psi_1|\hat{A}(|\varphi_1\rangle\langle\psi_2|)|\varphi_2\rangle$$

例: 密度矩阵算符 \rightarrow 可以代表系统状态 (纯: 混: 混合)

$$\hat{\rho} = |\psi\rangle\langle\psi| \quad (\text{only } |\psi\rangle \text{ 纯态}) \quad (|\psi\rangle\langle\psi|)|\varphi\rangle = \langle\psi|\varphi\rangle|\psi\rangle \quad \text{投影算符}$$

$$\text{在叠加态时} \quad \hat{\rho} = (\alpha|1\rangle + \beta|2\rangle)(\langle 1| + \langle 2|) = \alpha\alpha^*|1\rangle\langle 1| + \alpha\beta^*|1\rangle\langle 2| + \beta\alpha^*|2\rangle\langle 1| + \beta\beta^*|2\rangle\langle 2|$$

$$= |\alpha|^2|1\rangle\langle 1| + |\beta|^2|2\rangle\langle 2| + \alpha\beta^*|1\rangle\langle 2| + \beta\alpha^*|2\rangle\langle 1|$$

相干项 \rightarrow 纠缠态

若为 0 则为混态 (经典概率)

3. 厄米算符 \rightarrow 所有可观测量对应算符

$$\text{def: } \hat{A}^\dagger = \hat{A}$$

$$\text{prop. } \textcircled{1} \langle\varphi|\hat{A}|\psi\rangle = (\langle\varphi|\hat{A}|\psi\rangle)^* \quad \textcircled{2} \hat{A} + \hat{B} \text{ 也是 Hermitian } (\hat{A}\hat{B} \text{ 不一定是 Hermitian})$$

\textcircled{3} Hermitian 本征值为实数, 对应不同本征值的非简并本征态相互正交

$$\text{算符的本征态: } \hat{A}|\psi_n\rangle = A_n|\psi_n\rangle \Rightarrow \langle\psi_n|\hat{A}^\dagger = \langle\psi_n|\hat{A}$$

$$\begin{cases} \langle \psi_m | \hat{A} | \psi_n \rangle = A_n \langle \psi_m | \psi_n \rangle \\ \langle \psi_m | \hat{A} | \psi_n \rangle = \langle \psi_m | \hat{A}^\dagger | \psi_n \rangle \end{cases} \xrightarrow{\psi_m, \psi_n \text{ 均不正交}} (A_n - A_n^*) \langle \psi_m | \psi_n \rangle = 0 \Rightarrow \begin{cases} m=n & A_n = A_n^* \\ m \neq n & \langle \psi_m | \psi_n \rangle = 0 \end{cases}$$

④ 归一化后 Hermitian 本征态集合构成态空间的一组正交完备基 (ps: 不是所有算符都可以)
 $\langle \psi_m | \psi_n \rangle = \delta_{mn}$

离散: $|\psi\rangle = \sum_m C_m |\psi_m\rangle = \sum_m \langle \psi_m | \psi \rangle |\psi_m\rangle = \sum_m |\psi_m\rangle \langle \psi_m | \psi \rangle = \left(\sum_m |\psi_m\rangle \langle \psi_m| \right) |\psi\rangle$

(\Leftrightarrow) 完备性: $\sum_m |\psi_m\rangle \langle \psi_m| = \hat{I}$

连续: $\{|r\rangle\}$ 正交归一: $\langle r | r' \rangle = \delta(r-r')$

完备性: $|\psi\rangle = \int d^3r \psi(r) |r\rangle = \int d^3r \langle r | \psi \rangle |r\rangle = \left(\int d^3r |r\rangle \langle r| \right) |\psi\rangle$

$\Leftrightarrow \int d^3r |r\rangle \langle r| = \hat{I}$

ex. $\langle \psi | \psi \rangle = 1 \xrightarrow{\text{设 } |\psi\rangle = \sum C_n |\psi_n\rangle} \sum_{nm} C_n^* C_m \langle \psi_n | \psi_m \rangle = 1 \Rightarrow \sum_n |C_n|^2 = 1$ (统计解释要求)

or $1 = \langle \psi | \psi \rangle = \langle \psi | \sum_n |\psi_n\rangle \langle \psi_n | \psi \rangle = \sum_n C_n^* C_n = \sum_n |C_n|^2$

ex. $\langle \psi | \psi \rangle = 1 = \langle \psi | \left(\int d^3r |r\rangle \langle r| \right) | \psi \rangle = \int d^3r \langle \psi | r \rangle \langle r | \psi \rangle = \int d^3r |\psi(r)|^2$

综上, 故 $|\psi\rangle$ 可归一化等价于任何表象下, 态都在 Hilbert 空间里

ex. $\bar{A} = \sum_n |C_n|^2 A_n = \sum_n A_n \langle \psi_n | \psi \rangle \langle \psi_n | \psi \rangle = \sum_n \langle \psi | A_n | \psi_n \rangle \langle \psi_n | \psi \rangle = \sum_n \langle \psi | \hat{A} | \psi_n \rangle \langle \psi_n | \psi \rangle = \langle \psi | \hat{A} | \psi \rangle$

⑤ 任意量子态下, 厄米算符期望值为实数

$$\bar{A} = \langle \psi | \hat{A} | \psi \rangle = (\langle \psi | \hat{A}^\dagger | \psi \rangle)^* = \bar{A}^*$$

⑥ 任意量子态下, 期望值为实数的算符是厄米算符

证明: 令 $|\psi\rangle = |\psi_1\rangle + c|\psi_2\rangle$

$$\bar{A} = \langle \psi | \hat{A} | \psi \rangle = \underbrace{\langle \psi_1 | \hat{A} | \psi_1 \rangle}_R + \underbrace{|c|^2 \langle \psi_2 | \hat{A} | \psi_2 \rangle}_R + c \langle \psi_1 | \hat{A} | \psi_2 \rangle + c^* \langle \psi_2 | \hat{A} | \psi_1 \rangle$$

令 $c=1$, 有 $\langle \psi_1 | \hat{A} | \psi_2 \rangle + \langle \psi_2 | \hat{A} | \psi_1 \rangle = 0$

令 $c=i$, 有 $i \langle \psi_1 | \hat{A} | \psi_2 \rangle - i \langle \psi_2 | \hat{A} | \psi_1 \rangle = 0$

$$\Rightarrow \langle \psi_1 | \hat{A} | \psi_2 \rangle = \frac{0+i0}{2}$$

$$\langle \psi_2 | \hat{A} | \psi_1 \rangle = \frac{0-i0}{2} = \langle \psi_1 | \hat{A} | \psi_2 \rangle^* = \langle \psi_2 | \hat{A}^\dagger | \psi_1 \rangle$$

由于 ψ_1, ψ_2 任意 $\Rightarrow \hat{A} = \hat{A}^\dagger$

推论: 可观测量 的单次测量值和期望值为实数, 所以可观测量对应算符必为厄米算符

ex. \hat{p}_x 的本征态求法 (坐标表示)

$$\hat{p}_x |p_x\rangle = p_x |p_x\rangle \Rightarrow -i\hbar \frac{\partial}{\partial x} \psi_{p_x}(x) = p_x \psi_{p_x}(x) \Rightarrow \psi_{p_x}(x) = \frac{1}{\sqrt{2\pi\hbar}} e^{\frac{ip_x x}{\hbar}} \text{ 平面波}$$

ex. 自由粒子的能量本征态

$$\hat{H} |E\rangle = E |E\rangle \Rightarrow -\frac{\hbar^2 \nabla^2}{2m} \psi_E = E \psi_E \Rightarrow \psi_E = \frac{1}{\sqrt{(2\pi\hbar)^3}} e^{i\vec{p}\cdot\vec{r}/\hbar} \text{ 平面波}$$

$$\sqrt{\frac{\hbar}{m}}$$

4. 简谐振子的代数解法

① 一维振子的能量本征问题

$$\hat{H} = \frac{\hat{p}^2}{2m} + \frac{1}{2} m \omega^2 \hat{x}^2$$

ladder operator 升降算符

$$\text{定义 } \begin{cases} \hat{a} = \frac{1}{\sqrt{2}} \left(\sqrt{\frac{m\omega}{\hbar}} \hat{x} + \frac{i}{\sqrt{m\omega\hbar}} \hat{p} \right) \\ \hat{a}^\dagger = \frac{1}{\sqrt{2}} \left(\sqrt{\frac{m\omega}{\hbar}} \hat{x} - \frac{i}{\sqrt{m\omega\hbar}} \hat{p} \right) \end{cases} \quad (\hat{a} \text{ 不是厄米的})$$

$$\Rightarrow \begin{cases} \hat{x} = \sqrt{\frac{\hbar}{2m\omega}} (\hat{a} + \hat{a}^\dagger) \\ \hat{p} = -i\sqrt{\frac{m\omega\hbar}{2}} (\hat{a} - \hat{a}^\dagger) \end{cases} \quad \text{由 } [\hat{x}, \hat{p}] = i\hbar \Rightarrow [\hat{a}, \hat{a}^\dagger] = 1$$

$$\Rightarrow \begin{cases} \hat{x}^2 = \frac{\hbar}{2m\omega} (\hat{a}^2 + (\hat{a}^\dagger)^2 + \hat{a}\hat{a}^\dagger + \hat{a}^\dagger\hat{a}) \\ \hat{p}^2 = -\frac{m\omega\hbar}{2} (\hat{a}^2 + (\hat{a}^\dagger)^2 - \hat{a}\hat{a}^\dagger - \hat{a}^\dagger\hat{a}) \end{cases}$$

粒子数算符

$$\Rightarrow \hat{H} = (\hat{a}^\dagger \hat{a} + \frac{1}{2}) \hbar \omega$$

$$\text{再定义 } \hat{N} = \hat{a}^\dagger \hat{a} \quad \text{则 } \hat{H} = (\hat{N} + \frac{1}{2}) \hbar \omega \quad \Rightarrow [\hat{N}, \hat{a}] = -\hat{a} \quad [\hat{N}, \hat{a}^\dagger] = \hat{a}^\dagger$$

$$\hat{N} \text{ 是厄米的, 设 } \hat{N} |n\rangle = n |n\rangle \quad \text{则 } \hat{H} |n\rangle = \underbrace{(n + \frac{1}{2}) \hbar \omega}_{E_n} |n\rangle$$

Fock 态

$$\hat{N} (\hat{a}^\dagger |n\rangle) = (\hat{a}^\dagger \hat{N} + \hat{a}^\dagger) |n\rangle = (\hat{a}^\dagger n + \hat{a}^\dagger) |n\rangle = (n+1) (\hat{a}^\dagger |n\rangle) \quad \text{假设 } |n+1\rangle \text{ 存在} \quad \hat{a}^\dagger |n\rangle = C |n+1\rangle$$

$$\hat{N} (\hat{a} |n\rangle) = (\hat{a} \hat{N} - \hat{a}) |n\rangle = (n-1) (\hat{a} |n\rangle) \quad \hat{a} |n\rangle = D |n-1\rangle$$

下面求 C, D:

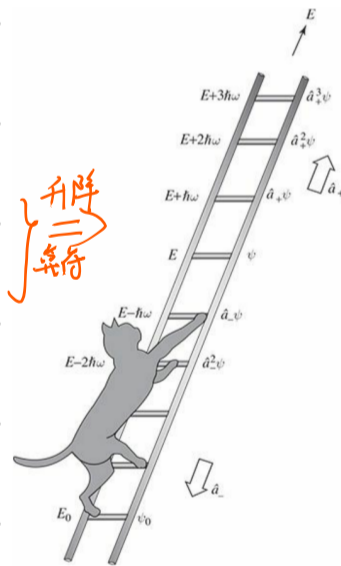
$$\begin{aligned} \langle n | \hat{a}^\dagger \hat{a} | n \rangle &= n \\ \langle \hat{a} | n \rangle^\dagger \langle \hat{a} | n \rangle &\Rightarrow |D|^2 = n \end{aligned}$$

规范厄米性

设 C, D 为实数 (比例没有可观测量影响)

$$\begin{aligned} \langle n | \hat{a} \hat{a}^\dagger | n \rangle &= n+1 \\ \langle \hat{a}^\dagger | n \rangle^\dagger \langle \hat{a}^\dagger | n \rangle &\Rightarrow |C|^2 = n+1 \end{aligned}$$

$$\Rightarrow \begin{cases} \hat{a} |n\rangle = \sqrt{n} |n-1\rangle & \text{湮灭算符} \\ \hat{a}^\dagger |n\rangle = \sqrt{n+1} |n+1\rangle & \text{产生算符} \end{cases}$$



* 连续作用 \hat{a}^- 于 $|n\rangle$ 上

$$\hat{a}^- |n_0+1\rangle = \sqrt{n_0+1} |n_0\rangle \quad \text{要求 } n = \langle n | \hat{a}^+ \hat{a}^- |n\rangle \geq 0 \quad (\text{模必非负})$$

故若 $n \in \mathbb{Z}^+$, 则 $n_0=0$; 若 $n \notin \mathbb{Z}^+$, 则 $0 < n_0 < 1$, but $\hat{a}^- |n_0\rangle$ 无意义, 与上式矛盾

$\Rightarrow n_0=0$ n 为非负整数

* $E_n = (n + \frac{1}{2})\hbar\omega$ $n=0, 1, 2, \dots$ 离散能谱 (一份一份) $\hbar\omega$

n 为量子数

$n=0$ 时基态 $E_0 = \frac{1}{2}\hbar\omega$ 量子涨落 (真空能) $|0\rangle$ 不确定关系

* $|n\rangle = \frac{(\hat{a}^+)^n}{\sqrt{n!}} |0\rangle$

* $\begin{cases} \hat{x}|n\rangle = \sqrt{\frac{\hbar}{2m\omega}} (\sqrt{n}|n-1\rangle + \sqrt{n+1}|n+1\rangle) \\ \hat{p}|n\rangle = -i\sqrt{\frac{\hbar m\omega}{2}} (\sqrt{n}|n-1\rangle - \sqrt{n+1}|n+1\rangle) \end{cases}$

$\Rightarrow \bar{x} = \langle n | \hat{x} | n \rangle = 0 \quad \bar{p} = 0$

$\Rightarrow \Delta x \Delta p = (n + \frac{1}{2})\hbar$ 基态具有最小不确定关系

② Fock 态的波函数

从 $\langle x | 0 \rangle$ 入手

$\langle x | \hat{a}^- | 0 \rangle = 0 \Rightarrow \sqrt{\frac{m\omega}{2\hbar}} \langle x | (\hat{x} + \frac{i}{m\omega} \hat{p}) | 0 \rangle = 0$

$\hat{p} \rightarrow -i\hbar \frac{d}{dx}$

in position space: $\hat{x} \rightarrow x \Rightarrow (x + \frac{\hbar}{m\omega} \frac{d}{dx}) \psi_0(x) = 0$

$\Rightarrow \psi_0(x) = \frac{1}{\pi^{\frac{1}{4}} \sqrt{x_0}} e^{-\frac{x^2}{2x_0^2}}$ 其中特征长度 $x_0 = \sqrt{\frac{\hbar}{m\omega}}$

Gauss wave packet.

$\Rightarrow \psi_n(x) = \frac{1}{\pi^{\frac{1}{4}} \sqrt{2^n n!}} \left(\frac{1}{x_0} \frac{d}{dx}\right)^n e^{-\frac{1}{2}(\frac{x}{x_0})^2}$ 厄米多项式

$\langle x | \hat{x} | 0 \rangle = x \langle x | 0 \rangle$

$\langle x | \hat{p} | 0 \rangle = \int dx \langle x | \hat{p} | x \rangle \langle x | 0 \rangle$

$= \int dx (-i\hbar \frac{d}{dx} \delta(x-x)) \langle x | 0 \rangle = -i\hbar \frac{d}{dx} \psi_0(x)$

③ 相干态

\hat{a} 的本征态 $\hat{a}|\alpha\rangle = \alpha|\alpha\rangle$ α 一般为复数, 相位很重要, 一般 α 连续取值

i) 相干态与 Fock 态关系

$|\alpha\rangle = \sum_n |n\rangle \langle n | \alpha \rangle = \sum_n |n\rangle \frac{1}{\sqrt{n!}} \langle 0 | \hat{a}^n | \alpha \rangle = \sum_n \frac{\alpha^n}{n!} \langle 0 | \alpha \rangle |n\rangle$

由 $1 = \langle \alpha | \alpha \rangle = \sum_n \langle \alpha | n \rangle \langle n | \alpha \rangle = \sum_n \frac{1}{n!} |\alpha|^{2n} |\langle 0 | \alpha \rangle|^2 = e^{|\alpha|^2} |\langle 0 | \alpha \rangle|^2 \xrightarrow{\langle 0 | \alpha \rangle \in \mathbb{R}} \langle 0 | \alpha \rangle = e^{-\frac{1}{2}|\alpha|^2}$

$$\Rightarrow |2\rangle = \sum_n \frac{\alpha^n}{\sqrt{n!}} \hat{E}^{-i|\alpha|^2} |n\rangle = e^{-i|\alpha|^2} \sum_n \frac{\alpha^n}{\sqrt{n!}} \frac{(\hat{a}^\dagger)^n}{\sqrt{n!}} |0\rangle = e^{-i|\alpha|^2} e^{\alpha \hat{a}^\dagger} |0\rangle$$

ii) 相干态的归一性 (验证)

$$\langle 2|2\rangle = e^{-i|\alpha|^2} \sum_{nm} \frac{\alpha^n (\alpha^*)^m}{\sqrt{n!m!}} \langle m|n\rangle = e^{-i|\alpha|^2} \sum_n \frac{|\alpha|^{2n}}{n!} = 1$$

iii) 正交完备性

$$\langle 2|\beta\rangle = \sum_{mn} \frac{(\alpha^*)^m \beta^n}{\sqrt{m!n!}} \langle m|n\rangle e^{-i|\alpha|^2 - i|\beta|^2} = e^{-i(|\alpha|^2 + |\beta|^2) + 2\alpha\beta} \quad \text{非正交}$$

$$\int d^2\alpha |2\rangle\langle 2| = \int d^2\alpha e^{-|\alpha|^2} \sum_{nn} \frac{\alpha^n (\alpha^*)^n}{\sqrt{n!n!}} |n\rangle\langle n| \quad \text{令 } \alpha = \rho e^{i\varphi}$$

$$= \int \rho d\rho d\varphi e^{-\rho^2} \sum_{nn} \frac{\rho^{2n}}{\sqrt{n!n!}} e^{i\varphi(n-n)} |n\rangle\langle n|$$

$$= 2\pi \int \rho d\rho e^{-\rho^2} \sum_n \frac{\rho^{2n}}{n!} |n\rangle\langle n|$$

$$= \pi \sum_n |n\rangle\langle n| = \pi \hat{I} \quad \text{超完备性}$$

iv) 不确定关系 ($|2\rangle$)

定义广义坐标动量 $\hat{x}_1 = \frac{1}{2}(\hat{a} + \hat{a}^\dagger)$ $\hat{x}_2 = \frac{1}{2i}(\hat{a} - \hat{a}^\dagger)$ $\hat{x}_1^2 = \frac{1}{4}(\hat{a}^2 + \hat{a}^{\dagger 2} + \hat{a}\hat{a}^\dagger + \hat{a}^\dagger\hat{a})$ $\hat{x}_2^2 = \dots$ ↙ 对称交换

$\langle 2|\hat{x}_1|2\rangle = \frac{1}{2}(\alpha + \alpha^*) = \text{Re}\alpha$

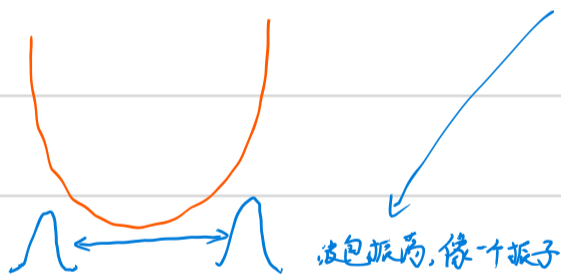
$\langle 2|\hat{x}_1^2|2\rangle = \frac{1}{4}(\alpha^2 + \alpha^2 + 2\alpha^*\alpha + 1) = (\text{Re}\alpha)^2 + \frac{1}{4}$

$\langle 2|\hat{x}_2|2\rangle = \frac{1}{2i}(\alpha - \alpha^*) = \text{Im}\alpha$

$\langle 2|\hat{x}_2^2|2\rangle = -\frac{1}{4}(\alpha^2 + (\alpha^*)^2 - 2|\alpha|^2 - 1) = (\text{Im}\alpha)^2 + \frac{1}{4}$

$\Rightarrow \Delta x_1 = \frac{1}{2}$ $\Delta x_2 = \frac{1}{2}$ $\Delta x_1 \Delta x_2 = \frac{1}{4}$ (与 α 取值无关)

$|2\rangle$ 是最像经典态的量子态 (波包最窄时温化)



v) 粒子数

$\langle 2|\hat{N}|2\rangle = \langle 2|\hat{a}^\dagger \hat{a}|2\rangle = |\alpha|^2$

$P_n = |\langle n|2\rangle|^2 = e^{-|\alpha|^2} \frac{|\alpha|^{2n}}{n!}$ poisson

vi) 三维谐振子

$\hat{H} = \sum_{i=x,y,z} \left(\frac{\hat{p}_i^2}{2m} + \frac{1}{2}m\omega^2 \hat{r}_i^2 \right)$

定义 $\hat{a}_x, \hat{a}_y, \hat{a}_z \Rightarrow \hat{H} = (\hat{N}_x + \hat{N}_y + \hat{N}_z) + \frac{3}{2}\hbar\omega$ 本征态 $|n_x, n_y, n_z\rangle$ $E_{n_x, n_y, n_z} = (n_x + n_y + n_z + \frac{3}{2})\hbar\omega$